

**Report form**

Name of Traveller:	Dana Katz
Aim of Travel:	10th International Conference on Behavioral Addictions
Place of activity:	Nantes, France
Date of activity:	7 – 8 – 9 July 2025

How did you carry out the professional plans, how did the applied activity support the applicant's professional/scientific development and how had the applied activity support/contribute to the department's/institute's/faculty's/ELTE's professional-scientific-academic activity?

My name is Dana Katz, and I am a PhD candidate in the Clinical Psychology and Addiction Science department and a member of the Addiction Research Group. With the support of the Travel Grant, I attended the ICBA conference, where I presented my research titled “The Interplay Between Gaming Disorder Symptoms, Escapism, and Depression Symptoms: A Longitudinal Study of Adolescents.”

At the conference, I gave my own presentation, co-authored another, and chaired the session “Video Gaming: Psychological Correlates.” These roles provided an opportunity to share the results of my doctoral work and to engage in scientific discussions with peers. My presentation generated several questions from the audience, particularly about the criteria used to identify active gamers and the role of escapism in the model. These exchanges were constructive and led to further conversations with attendees interested in the study’s approach and findings.

The ICBA is a major international meeting on behavioral addictions which offers a valuable setting for learning and exchange. I attended sessions on gaming, escapism, and treatment approaches, and had the chance to discuss ideas with colleagues working on related topics. Overall, the conference supported the development of my dissertation and future publications by providing feedback, networking opportunities, and exposure to new research directions.

Thank you for the support that made my participation in this event possible.

Sincerely,
Dana Katz



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Date: 21.07.2025